

Thank you for a nice week! Here are fliers and announcements: [Newsletter 9.22.23.pdf](#)

Start With Hello week ends today. We are so proud of our 5th greeters who said “hello” to all incoming students throughout the week. We want to ensure that everyone knows they have someone they can count on when they come to school.

Last night’s Back to School BBQ was a huge success. Thank you to our OSO for their planning and to the families that contributed to the car show. A Gold Medal Thank You goes to the Majeski family for their contributions this year and years past to establish this as tradition at OSW.

Donations for Laps for Lance are open, and we are off to a roaring start. Mrs. Tamosaitis will keep us all up to date on the journey. We look forward to families joining us on October 20 for the full event.

Announcements and sign-ups for afterschool activities are coming soon. We have received great proposals from staff!

Enjoy the three-day weekend!



Oswegatchie Elementary School Newsletter

470 Boston Post Road, Waterford, CT 06385

Phone: 860-442-4331 Fax: 860-447-6261

osw.waterfordschools.org

School Hours 8:25 a.m. - 3:10 p.m.



Dear OSW Parents,

As many of you may have heard, the government is planning on opening up free Covid test kits via COVID.gov as of MONDAY SEPTEMBER 25, 2023.

How to prepare for a fall or winter Covid-19 surge

Though late summer has brought a surge of Covid-19 due largely to new variants, it's possible the fall and winter seasons may bring another uptick in infections. If you're looking for ways to protect yourself in addition to stocking up on tests, updated booster shots are now available.

The CDC recommends everyone ages 6 months and older receive a new Moderna or Pfizer vaccination to protect against serious illness.

The symptoms for the latest Covid-19 variant making waves, EG.5 or "Eris," are similar to those of previous strains and can include:

- Fatigue
- Sore throat
- Runny nose
- Fever
- Muscle aches
- Loss of taste and smell

If you're feeling under the weather with some or all of those symptoms, it's a good idea to take a test.

ANNUAL PRE K INFLUENZA VACCINATION is a REQUIREMENT for school attendance, and proof must be provided in writing prior to December 31, 2023 to allow your child to return from the Holiday break. . Please schedule your Pre K student for their vaccination early.

Thank you,
Wendy Doyon RN
School Nurse

SAVE THE DATE:

- Sept. 25 No School
- Oct. 11 School Picture Day
- Oct. 17 OSO Meeting
(virtual and in person)
- Oct. 20 Laps with Lance



Joseph Macrino
Principal
jmacrino@waterfordschools.org

Kathy Kerwin
Secretary
kkerwin@waterfordschools.org

Wendy Doyon
School Nurse
wdoyon@waterfordschools.org

Please don't make any dismissal changes after 12:30pm unless it is an unavoidable emergency.

OSO
Back to
School **BBQ**

**Thank you for
donating, volunteering
and participating!
Check out the OSO
Facebook page
for pics!**



The OSO is looking for one parent per classroom to be a link between the class and the OSO. Please email oswegatchieschoolorg@gmail.com to volunteer for this role!

Oswegatchie Class Communicator

Our class communicators will link the OSO and classroom teachers. Oswegatchie class communicators will maintain good communication with their grade-level teacher throughout the year. Some responsibilities include:

- Attend an Oswegatchie Class Coordinator kick-off meeting.
- Work together with other OSO Organizers to facilitate communication with classroom teachers and OSO.
- Help recruit parent/guardian volunteers from the class.
- Communicate with classroom parents/guardians about class events and activities.
- Reach out to new families at your grade level with invitations to class events and answer questions.

Comunicador de Clase en Oswegatchie






Nuestros comunicadores de clase conectan al OSO y los maestros. Comunicadores de clase en Oswegatchie mantendrán buena comunicación con su maestro/a de nivel de grado durante el año escolar. Algunas responsabilidades incluyen:

- Asistir una reunión de organizadores de Oswegatchie.
- Trabajar con los organizadores del OSO para facilitar la comunicación entre los maestros de nivel de clase y el OSO.
- Ayudar a reclutar a padres voluntarios.
- Comunicar con los padres de familia sobre eventos y actividades en la clase.
- Comunicarse con nuevos padres de familias en su nivel de clase con invitaciones a eventos de clase y responder preguntas.



HISPANIC HERITAGE AND HISTORY PLAYLIST

Directions: Explore resources, read one article, watch one video, and listen to a recording of your choice from the list below. Feel free to go big and read them all to support planning, learning, and teaching.

	<div data-bbox="548 300 829 363"> <h3>READ</h3> <p>Read one or more articles</p> </div> <ul style="list-style-type: none"> • CSDE Resources for Teaching Hispanic Heritage Month - CSDE (Various) • Hispanic Heritage Month Resources for educators - Anti-Defamation League • 17 Books to Celebrate Hispanic Heritage (scholastic.com)- Scholastic • Hispanic Heritage Book Lists for Students - Colorin' Colorado! • Commonsense Media Education – Free Learning Resources • ¡Pleibol! National Museum of American History - Smithsonian • National Museum of the American Latino - Smithsonian • The PALABRA Archive - Library of Congress • Nuestras Américas -- UC Santa Barbara Library
	<div data-bbox="548 646 829 709"> <h3>WATCH</h3> <p>Watch one or more videos</p> </div> <ul style="list-style-type: none"> • [Varies] The Graduates/Los Graduados (8 video series)– PBS Learning Media • [Varies] Salsa! Collection of familiar stories to teach Spanish to K-3 Learners • [Varies] ¡Oh Noah! Collection (8 videos)-Teaching Spanish to Learners aged 6-8 • [Varies] 2023 Festival Schedule — Latinx Kidlit Book Festival Join the 2023 Latinx Kidlit Book festival LIVE from your classroom, library or home for FESTIVAL FRIDAYS starting September 22nd through October 13th! Bilingual resource. • 10 great TED Talks by Hispanic and Latinx speakers for Hispanic Heritage Month
	<div data-bbox="456 936 922 999"> <h3>LISTEN</h3> <p>Listen to one or more recordings/podcasts</p> </div> <ul style="list-style-type: none"> • LatinoUSA - Multimedia content for and about the new American mainstream in the service of empowering people to navigate the complexities of an increasingly diverse and connected world - Podcast • Latino Music Figures Prominent Latino musicians in the U.S. and in Latin America - Google Arts & Culture • Circle Rounds Podcast – Folktales for ages 2 and up – Commonsense Education • Radio Ambulante - Uniquely Latin American stories in Spanish Podcast in Spanish • The Goddess of Broadway Smithsonian Institution (si.edu) Podcast on the first ever Puerto Rican performer on Broadway, Diosa Costello.
	<div data-bbox="440 1272 938 1335"> <h3>EXPLORE</h3> <p>Explore additional resources used in the field</p> </div> <ul style="list-style-type: none"> • CSDE Model African American/Black and Puerto Rican/Latino Course of Studies Collection Resources GoOpen CT • Westward Expansion and Country Music's Hispanic Influence (teachrock.wpenginepowered.com) - TeachRock Units and Lessons • Ritchie Valens (Elementary School Version) - TeachRock - TeachRock Units and Lessons • Ritchie Valens - TeachRock (Middle and High School Version) - TeachRock Units and Lessons • Learning About Latin American and Hispanic Culture and History Through Music - The New York Times (nytimes.com) Several lessons on reggaeton, Cuban music, and the musical legend Selena • Latino/Hispanic Heritage Resource Packet download-in-pdf.pdf (teachingforchange.org)
	<div data-bbox="500 1640 878 1703"> <h3>REFLECT</h3> <p>Reflect on the following questions</p> </div> <ul style="list-style-type: none"> • What new awareness, questions, or ideas do you have after reviewing the resources? • How will you transfer your new learning to your practice? • How will you help students celebrate their heritage and feel seen?





IMPORTANT

PURCHASE WPS DEVICE PROTECTION BY OCT. 15TH!

Grades 4-12 Only

Using MySchoolBucks you can:

- Purchase Device Protection in our WPS online store
- Pay invoices (new charger, etc.)

Get started in 4 easy steps:

1. Download the MySchoolBucksmobile app or visit myschoolbucks.com
2. Create your free account
3. Add your student
4. Browse the WPS online store to locate WPS Device Protection



Store

The district is only offering this until Oct. 15th, so don't miss out on this opportunity. After that date, families will not be able to purchase this protection for the 23-24 school year and will be responsible for the full cost of repair on your child's school issued device.

Repair Cost <u>With</u> Device Protection		Repair Cost <u>Without</u> Device Protection
	= \$0	= \$75
	= \$0	= \$40
	= \$0	= \$350

Laps with Lance

October 20th

Help us reach our school goal of
\$20,000

Top fundraising class will earn an ice cream
party with Officer Hodges

Individual Awards:

1. Participate and earn
the 10 toes token!



2. Receive your first
donation to earn the
high five token AND
get your name entered
to win a raffle



3. Raise \$100 and earn
the 100 club token



SCAN ME

Class Awards:

\$200—class banner

\$400—hat day

\$600—super hero day

\$800—crazy sock day

\$1,000—fancy day

\$1,200—crazy hair day

\$1,400—sports day

\$1,600—mystery reader

\$1,800—class toe token

\$2,000—extra PE



**Pay for 2023-24
School Meals and WPS Device Protection
with Our New Payment System!**

Dear Parents and Guardians,

We've teamed up with MySchoolBucks, an online service where you can easily and securely pay for school meals and WPS Device Protection using a credit/debit card or electronic check.

Using MySchoolBucks you can:

- Add funds to your student's meal account
- View meal balances & cafeteria purchases
- Receive low balance alerts
- Purchase WPS Device Protection for your child's school issued device for the 2023-24 school year

Easily pay online for school meals and WPS Device Protection for students in Grades 4-12! Create your free MySchoolBucks account to conveniently and securely pay online or download the mobile app to make payments from anywhere!

Get Started Today:

1. Go to myschoolbucks.com or download the mobile app
2. Create your free account and add your students using their school name / student ID
3. Add funds to your student's meal account or add items from the School Store section
4. Check out using your credit / debit card or electronic check *(A program fee may apply)*

Thank you,

WPS Food Services and WPS IT Department

Welcome back from the OSO!



The *Oswegatchie School Organization* (aka “PTA” in other schools) is open to any parent, guardian or other caregiver for a current student attending Oswegatchie School. The OSO mission is “to promote closer relationships between home, community and Oswegatchie School by fostering open communication, faculty and family support and educational and recreational enrichment for students.”

We welcome everyone in the Oswegatchie School community to be involved with the OSO. We understand that in our busy world, volunteering adds another “to-do” on your list, but we believe that everyone in this community has something to offer. Please feel free to contact any of us below with ideas, thoughts and questions.

Here is our monthly meeting schedule for the rest of 2023. All meetings are at 5:15pm.

- ***Tuesday, September 19 (virtual only)***
- ***Tuesday, October 17 (hybrid - in-person and zoom)***
- ***Wednesday, November 15 (hybrid - In-person and zoom)***
Wednesday, December 13 (Hybrid - In-person and zoom)

We encourage you to come to meetings to see what we are planning and share your ideas! Any inquiries may be sent to the OSO email:

oswegatchieschoolorg@gmail.com

Board members for school year:

President – Deb Moshier-Dunn

Vice President – Doris Crum

Treasurer – Karen Barnett

Secretary – Jessica Vargas

Find "Oswegatchie School Organization" on Facebook and “Like” the OSO page to see updates and announcements. Find other important info about the OSO at our website: bit.ly/OSOwebsite



Scan me



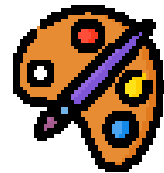
Cool Things YOU Do!



We recognize that members of the Oswegatchie School community have many interests, skills and talents that they may wish to share with the students at Oswegatchie School. The Oswegatchie School Organization (OSO) is creating a directory of people who may want to share their interests, skills and talents with students.

Some ideas that adult members of our school community may share:

- Travel and cultural experiences; unique work experiences
- Hands-on work experience or hobbies (e.g., wood working)
- STEM knowledge
- Arts and Crafts
- Sports



Contact Information (please write clearly)

Name & Address: _____

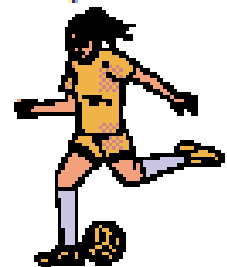
Email Address: _____

Best contact number: _____

Relationship to Oswegatchie School student (circle one):



Parent of current student
Grandparent of current student
Caregiver of current student
Parent of past student
Alumni



Other: _____

Please provide a short description of the interest, skill or talent you would like to share:

Grade level that you feel comfortable sharing with. Circle all that apply:

Pre-school
Grades K-2
Grades 3-5

You may also share this information with us by emailing oswegatchieschoolorg@gmail.com.

Every year, 18,000 patients are diagnosed with life-threatening blood cancers or other blood disorders that could be cured or treated with a blood stem cell transplant. But 70% of them don't have a fully matched donor in their family. They depend on Be The Match® to find an unrelated donor. Adapted from [//my.BeTheMatch.org/strongestboy](http://my.BeTheMatch.org/strongestboy)

The Waterford community, including families within our district (see below), have been impacted by these cancers and are looking to raise awareness regarding the Be The Match® program and the need for donors for bone marrow transplants.

Please visit [//my.BeTheMatch.org/StrongestBoy](http://my.BeTheMatch.org/StrongestBoy) for more information on this life saving program and for the process to become a donor.



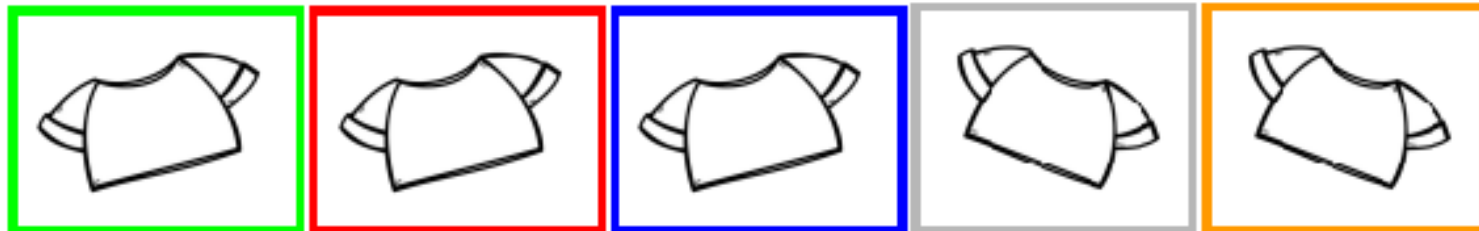
Tiago, Waterford, CT
searching patient

YOU COULD BE THE CURE FOR TIAGO

Join the Be The Match Registry®
on behalf of Tiago today!

BE  THE MATCH®





Oswegatchie Grade Level T Shirts

Each grade level at Oswegatchie has color coordinated class shirts which are used for school events, field day, and field trips.

This year the OSO will provide shirts for students new to Oswegatchie. This includes any new Pre K, Kindergarten, and new to our school students at no cost.

Additional or replacement shirts can be ordered for returning students for \$10.

Please complete the following form, print out and give to our School Secretary, Kathy Kerwin, with your check to order a t-shirt.

Student Name: _____

Grade: _____ **Class:** _____

Parent/ Guardian Contact: _____

Size (Youth XS-L, Adult S-L): _____

Check one:

_____ My child is new to Oswegatchie this year (shirt provided at no cost)

_____ This is a replacement/ extra shirt and I have enclosed \$10 (checks to OSO)

UConn VS Duke



Sep 23, 2023 3:30 PM

Rentschler Field

\$30

Tickets purchased through our link will benefit WYFCL Youth. Plan out WYFCL's bye week with your teammates to all go to the game together!

<https://fevogm.com/event/Waterfordyouth>



Waterford Police Union

PICKLEBALL

TOURNAMENT

COME WATCH AND SUPPORT!!

Sunday, September 24, 2023

9:00 AM – Last Team Standing

Waterford High School Fieldhouse

DONATIONS APPRECIATED

**Donations go to scholarships and
community events on behalf of the**

Waterford Police Department Union

**Contact waterfordpoliceunionct@gmail.com for
further information**

**Check out Waterford Police Union UPSEU
FACEBOOK**



ORDER DATE HAS BEEN EXTENDED

Show off your Waterford Lancer Pride! Support Class of 2025

Back by popular demand Waterford Lancers
NubaySoft™ D-Luxe Blankets are back!!

Blankets are great at home, at the park, or at the game! This fundraiser is more than just raising money for the class (although that's a bonus) we want our student families to feel included and connected to our great Lancer culture.

Click the link below to order your blanket

[Waterford Lancer Blankets Class of 2025](#)

\$65 per blanket: Order before **09/25/23** for THE best price!

VENMO: @Lesley_Sollima

CHECK made out to Lesley Sollima: Send checks to 3 Albacore Dr, Waterford

Contact Lesley Sollima – 860-574-4548

CHEER LOUDER!
Together Strong




HighSchoolBlankets.com
Powered by Social Power

Waterford Lancers NubaySoft™ Mascot Blankets



Waterford Professional
Firefighters Association
Local 4629



Wiffle Ball Tournament

Saturday, September 30, 2023

10:00 am start

45 Dayton Road

Waterford CT, 06385

Lisa Dedrick Memorial Field

16-team Double Elimination

\$100.00 per team (\$25.00 per person)

Contact Ronnie Williams to register

ronnierocs@yahoo.com

Great Family Fun, Food Trucks and Raffle

Register by 09/15/2023

Checks made payable to Waterford Professional Firefighters Association (WPFFA)

P.O. Box 278 Waterford CT, 06385

Rain Date Sunday October 1, 2023

Who Will Win????



Waterford Police vs. Waterford Fire Softball Game

**Come watch Waterford First Responders
compete against each other and
cheer on who you want to win!**

Friday, October 13, 2023 at 5PM

Veteran's Memorial Park Baseball Field

50/50 Raffle! Food Trucks! Family Fun!

**Donations go to scholarships and community
events on behalf of the Waterford Police and
Waterford Fire Unions**

In Partnership with



Addy's Run

5k



Join us for the 6th annual Addy's Run to help raise awareness for CLOVES. Adalynn "Addy" is a local Waterford resident born with CLOVES in 2017. Our mission is to educate the community about this rare disease and help those who are affected by it through donation, support and awareness.

Proceeds from this race will be donated to the CLOVES community towards research to help find treatment options for this incurable disease

Contact info: Karen Mackinnel
kmack100811@gmail.com

OCTOBER 15
10:00am

Wee Run @
9:30am

Great Neck
Elementary
School
Waterford, CT

REGISTER AT
RUNSIGNUP.COM
OR WITH QR
BELOW



Bring the whole family out!



WATERFORD'S WICKED WONDERLAND

October 29, 2023, 1-4pm

Waterford High School
Circular Parking Lot

Contact Joe Trelli for questions
or donations at: 860-444-5848

Sponsored by:



Costume Contest



Trunk Contest



Fun Activities



Music by
DJ A-Bomb



Neurodivergent
friendly 1-1:30p



Officer Hodges

- Children under 12 must be accompanied by an adult at all times
- Bring your own bag to collect candy

Sign up to be a trunker!

Decorate your trunk and
have fun passing out candy

***Event is FREE to the public!**

CONCESSIONS:



Hot
Chocolate



Hot Cider



Dessert

VENDORS NEEDED

ARTISAN & VENDOR FAIR

WATERFORD HIGH SCHOOL
WATERFORD, CT

PROFITS SUPPORT THE CLASS OF 2025

DEC
3rd



10-3pm

[HTTPS://FORMS.GLE/
3LNFRN1NNA75JXSUA](https://forms.gle/3LNFRN1NNA75JXSUA)



FAMILY PROGRAM

Saturday, September 30, 2:30PM - 4:30PM IN PERSON

A Celebration of Hispanic Heritage Month

Come and celebrate Hispanic Heritage Month with us today. Join us for food, dancing, crafts and fun! Co-sponsored by Mujeres Entre Cultura ("Women Between Cultures"), Esperanza Latina & Latinos Unidos de Waterford.



September is Library Card Sign-Up Month! Did you know Waterford residents of all ages, including infants, can get a Waterford Public Library card? If you live in a different town, you can add in your library card from your home town and use it to check out materials here as well. Stop by the library to find out everything you can access with your library card – all for free!

GRAB & GO CRAFTS



Pencil Craft
Sept 2 to Sept 15



Scarecrow
Sept 16 to Oct 6

Pick up supplies in the Children's Room to make Grab & Go crafts at home, while supplies last. Step-by-step video tutorial on our Facebook page ([@waterfordpubliclibrary](https://www.facebook.com/waterfordpubliclibrary)).



Saturday, September 9, 10:30AM - 11:00AM

Sign and Sing

Join Ms. Janine for our first session of Sign and Sing! This fun storytime will include basic signs that both children and their caregivers will benefit from knowing. For ages birth to 5, no registration required. Thank you to CT Humanities for providing funding for this program.



DROP IN CRAFTS

Monday, September 11, 4:00 PM - 6:30 PM

Drop In Craft: Handprint Tree Craft

As we transition into the colorful world of autumn, join us in the Children's Room between 4:00 and 6:30 pm to make a vibrant 3D Handprint Tree Craft. Ages 6 to 12.



Tuesday, September 12, 4:00 PM - 6:00 PM

Drop In Creation Station

Stop by the Children's Room anytime between 4:00 and 6:00 pm for a fun craft and to get your creativity flowing! For this session we will be creating a piece to celebrate the beginning of the school year. Recommended for ages 5 and up. No registration required.



Monday, September 25, 4:00 PM - 6:30 PM

Drop In STEM Adventure: Paper Helicopter

Calling all future aviators! Join us in the Children's Room on anytime between 4:00 and 6:30 pm to create Paper Helicopters that spin, twirl, and take flight with a touch of your creativity and your engineering minds. Ages 6 to 12.



Tuesday, September 26, 4:00 PM - 6:00 PM

LEGO Club

Drop in anytime between 4:00 and 6:00 pm to build with some LEGO sets! No registration required, recommended for ages 5 and up.



Thursday, September 28, 4:30 PM - 5:30 PM

DIY Instruments

Ready to create, play, and dance? Join us for this DIY instrument program in which kids will learn how to make percussion instruments from recycled materials! Registration required. Recommended for children ages 6-12 years. All materials will be provided.

DIY Shakers



TEEN CORNER

Thursday, September 7, 5:30 PM - 7:00 PM

Craft Night

Time to get crafty! During this session we will be making an adorable stuffed felt fox and an autumn acorn or leaf. Recommended for ages 11 and up, registration is required.



Thursday, September 21, 5:30 PM - 7:00 PM

Teen Drop In Craft

Stop by the Teen Section of the library to make a Hobbit Hole card in honor of Hobbit day! Drop in anytime between 5:30 and 7:00 p.m. No registration required.



Friday, September 15, 11:00 AM - 12:00 PM

Toddler Apple Tree and Core Craft

Join us for a fun-filled crafting session where little hands transform paper plates into adorable apple and core masterpieces. Mrs. Sharma will start the session with a short story! For ages 3 to 5 years old, No registration is required.



Wednesday, September 20, 11:00 AM - 11:45 AM

Toddler Art

Time to get creative (and maybe a little messy)! This hands on art session is for young ones to explore through process art with the help of their adult. Mrs. Marshall will start the session with a short story! For ages 3 to 5 years old, registration is required. This program will take place downstairs in the Meeting Room.

To keep up with all our activities follow us



@waterfordpubliclibrary



@waterfordlibraryct

Urgent response for children's mental health crises.



- Thoughts of suicide or self-injury
- Feelings of depression, anxiety or hopelessness
- Out-of-control behaviors
- Substance misuse
- Any mental health crisis

No appointment needed

At the four walk-in **Urgent Crisis Centers (UCC)** for children and adolescents ages 18 and under, trained staff will:

- ✓ De-escalate the crisis
- ✓ Complete an evaluation
- ✓ Connect youth to services

Urgent Crisis Centers



1680 Albany Avenue, Hartford, CT 06105
(860) 297-0520
thevillage.org/UCC



255 Hempstead St, New London, CT 06320
(860) 437-4550
childandfamilyagency.org/urgent-crisis-center



141 East Main Street, Waterbury, CT 06702
(203) 580-4298
wellmore.org/urgent-crisis-center



20 York Street, New Haven, CT 06510
(203) 688-4707
ynhh.org/childrens-hospital/services/emergency-services

In partnership with:



*If a youth needs immediate medical attention,
call 9-1-1 or go to the nearest hospital.*

UCFS Healthcare's School-Based Health Centers and Your School!

The UCFS school-based health centers (SBHC) are a doctor's office inside of your school. The services are provided by an APRN (advanced practice registered nurse)/PA (Physician Assistant) and licensed behavioral health clinician who are experts in adolescent health and are employed by UCFS. The intention of the UCFS SBHC is to supplement the care your child receives at their pediatrician's office.



Services Provided



- Yearly well-child examinations
- Vaccinations
- Sports physicals
- Acute care visits (e.g. sick visits, lacerations, injuries, etc.)
- Chronic care visits (e.g. asthma, ADHD, etc.)
- Mental Health Assessments
- Substance Abuse Screenings
- Counseling (individual, group, and family)

Top 5 Reasons to use the School-Based Health Center

- Convenient same day appointment.
- Removes barriers to care such as lack of transportation.
- Decreases time away from the classroom which improves academic success.
- Improves student's achievement by taking care of behavioral health needs that can make learning difficult.
- Connects students and their families with insurance coverage.

5

Referrals are easy...



- Behavioral Health Referrals can come from students, teachers, counselors, administrators as well as parents/guardians of students.
- Medical visits can be coordinated through the school nurse or directly with our family engagement/medical assistant.
- Working collaboratively with school personnel, families, and local youth services has helped to maximize student support.

To learn More...

School-Based Health Centers are located at Waterford High School and Clark Lane Middle School and are open to all Waterford Public School students.

Scan here to learn about the School-Based Health Center at your school! SBHC line - 860-822-2803



SCAN ME

**MONTHLY
VIRTUAL
TRAINING
SESSIONS**

**CENTER OF EXCELLENCE
FOR TEACHING AND LEARNING**



PARENT TRAINING INSTITUTE

Sept. 2023 - June 2024

PURPOSE: THE SCSU Parent Training Institute will offer monthly virtual training sessions, and helpful resources on a range of topics that can help parents support their child's academic, social, and emotional development.

- **WHO:** Open to parents of children of all ages.
- **WHERE:** All parent workshops will be held virtually.
- **HOW:** Our online workshops will be recorded for use by registered attendees, including those who are unable to attend live.
- **WHEN:** Starts September 26, 2023. Runs monthly on Tuesdays between 7.00 pm to 8.30 pm.
- **CERTIFICATE:** Every registered attendee will receive a "certificate of completion."
- **COST:** \$100 including full access to 10 live and recorded workshop series.
- For more information, email Dr. Olcay Yavuz at yavuzo1@southernct.edu

REGISTER HERE: <https://bit.ly/3MMxOzF>

PROGRAM DATES/TOPICS:

2023:

- September 26 @7pm Understanding the USA Education System: Parents' Rights and Responsibilities
- October 24 @7pm Raising College-Ready Children
- November 21 @7pm Understanding College Funding, FAFSA, Scholarship Opportunities and Loan Types
- December 12 @7pm Helping Your Child Become Career & Job Ready (Resume, Career Branding, Interview)

2024:

- January 30 @7pm Protecting Your Child from Harassment, Intimidation, and Bullying
- February 27 @7pm Utilizing English Second Language Learner, Special Education, and Student Services
- March 26 @7pm Supporting Your Children's Executive Functioning, 21. Century and Soft Skills
- April 23 @7pm The Roles of Parents to Plan Effective Summer Programs for Children and Youths
- May 28 26 @7pm Raising Socially, Mentally and Emotionally Strong Children
- June 11 @7pm Dealing with Drug Internet Addiction, and Cyberbullying



**BREAKFAST****SEPTEMBER 2023**
WATERFORD PUBLIC SCHOOLS

Milk only: \$.75

Second Breakfast Price: \$2.75

Monday**Tuesday****Wednesday****Thursday****Friday****One FREE breakfast for all students daily.**Please visit www.myschoolbucks.com to add funds to your child's account.**AUG 30**Breakfast break cereal
100% apple juice
craisins
Milk**AUG 31**Yogurt & String
Mini muffin
100% fruit Juice
Banana
MilkSweet potato Roll
100% fruit juice
Fresh orange
Milk**School Holiday!**Breakfast sandwich
100% fruit juice
craisins
MilkBanana bread
100% fruit juice
Orange smiles
Milk**School Holiday!**Breakfast Pizza
Banana
100% fruit juice
MilkFrench Toast sticks
Warm Cinnamon apple slices
100% fruit juice
MilkSausage Biscuit
Applesauce
100% fruit juice
MilkPancake bites
Applesauce Cup
100% fruit juice
MilkBreakfast sandwich
Orange smiles
100% fruit juice
MilkSnackin' Waffle
100% fruit juice
Apple
MilkHardboiled Eggs
Goldfish Graham
100% fruit juice
Raisins MilkScrambled egg Cup
Mini muffin
100% fruit juice
Apple
MilkBanana Bread
100% fruit juice
Assorted fresh fruit
MilkHardboiled Egg
Goldfish Graham
100% fruit juice
Craisins
MilkBreakfast Pizza
Banana
100% fruit juice
MilkCheese stick &
Oatmeal Breakfast round
100% fruit juice
Apple slices
MilkYogurt & cereal bar
100% fruit juice
craisins
MilkCheese omelet
Croissant
100% fruit juice
Fresh Orange
MilkEgg & Cheese breakfast
sandwich
Apple
100% fruit juice MilkEgg & Cheese
Breakfast sandwich
100% fruit juice
Craisins Milk

ALL Grain-based items offered at breakfast are Whole Grain Rich which means that at least 50% of the grains in the items are whole grain and all other grains are enriched

*Milk Choices: 1% white or Fat Free Flavored

* A variety of breakfast options offered daily

* All breakfast includes 1 cup of fruit

* Menu subject

**LUNCH**

Grade level portion sizes meet USDA requirements

SEPTEMBER 2023
WATERFORD K-12

LUNCH PRICES

Elementary \$3.25

CLMS \$3.50

WHS \$3.75

Second Meal: \$4.25 Adult Meal \$5.00

Monday**Tuesday****Wednesday****Thursday****Friday**

For the 23-24 school year, students qualified for Reduced status will receive one lunch at no cost per day

Please visit www.myschoolbucks.com to add funds to your child's account.**AUG 30**Pizza
Cucumber slices
Fresh Broccoli/Ranch dip
100% Fruit Juice Sidekick cup
Milk**AUG 31**Beef Hotdog on a WG Roll
Baked beans
Oven Baked Fries
Apple MilkChicken Patty
Potato wedges
Cucumbers & Ranch
Orange smiles
Cold Milk**School Holiday!****Meatless Monday!**
Pizza Bites
Marinara sauce cup
Spinach & Tomato Salad
100% apple juice
Cold Milk**National Cheeseburger Day!**
Cheeseburger on a WG Roll
Sweet potato fries
Baked beans
Apple Milk**School Holiday!**Cheeseburger on a WG Roll
Sweet potato fries
Baked beans
Apple MilkTeriyaki Chicken & Veg Dumplings
Yakosoba noodles
Steamed Broccoli
Mandarin Oranges
Baby carrots MilkOrange chicken
Brown Rice
Steamed Broccoli
Orange wedges Milk**National Pancake Day!**
Pancakes Syrup cup
Sausage Links
Potato Rounds
Warm cinnamon apple slices
100% Mango Juice
MilkMacaroni & Cheese
Baby carrots
Peas goldfish
Fresh fruit MilkCheesy Taco Penne Pasta
Tomato & cucumber salad
Fresh Green pepper strips
Mini corn muffin
Apple MilkPenne Pasta with meatballs
Green peas
Garlic knot
Diced peaches
Cold milkElbows with Meats sauce
Steamed broccoli
Garlic Bread
Diced peaches
MilkBeef Nachos
Lettuce & tom
Refried Beans Corn
Corn muffin
Diced pears MilkChicken & Waffles
Syrup cup
Cinnamon Carrots
Potato Tots
Applesauce
MilkChicken Nuggets
Smile fries
Steamed peas
Warm Dinner Roll
Applesauce Cup MilkChicken Tenders
BBQ sauce cup
Steamed Broccoli
Baked Potato Wedges
Diced peaches
Milk**Brunch for Lunch!**
French Toast Syrup cup
Sausage Links
Potato Rounds
100% Mango Juice
Banana MilkTurkey Grinder On WG Roll
With Am Cheese & lettuce
Baby carrots with ranch dip
Goldfish crackers
Raisins 100% mango juice
Cold MilkBeef & Cheese Taco Salad
Black Beans corn
Tostito chips salsa
Pineapple chunks
Cold MilkBreaded/ baked 'Italian Combo'
Ravioli & Mozzarella Sticks
Marinara sauce cup
Steamed zucchini
Warm Garlic Knot
Diced Pears Milk

All grain-based items offered at lunch are whole-grain rich which means that at least 50% of the grains in the item are whole grain (WG), all other grains are enriched

A VARIETY OF FRESH FRUITS OFFERED DAILY

*Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"

Alternate Choice Yogurt Meal available daily = Yogurt, Mozzarella string cheese, baby carrots, craisins, goldfish crackers, dinner roll, milk

Milk choices: 1% White or Fat Free Flavored

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

*Menus are subject to change

August 2023

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28*	29*	FD	31	

(2 day ~ 2 cumulative)

- 8/28 - ± Staff Convocation
- 8/29 - * PD - No School - PK-12
- 8/30 - First Day of School

September 2023

Mon	Tue	Wed	Thu	Fri
				1
SH	5	6	7	8
11	12	13	14	15
18	19	20	21	22
SH	26	27	28	29

(19 days ~ 21 cumulative)

- 9/4 - School Holiday (Schools Closed)
- 9/25 - School Holiday (Schools Closed)

October 2023

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
SH	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

(21 days ~ 42 cumulative)

- 10/9 - School Holiday (Schools Closed)

November 2023

Mon	Tue	Wed	Thu	Fri
		1	2	3
6	PD	8	9	SH
13	14	15	16	17
20	21	School Holiday		
27	28	29	30	

(17 days ~ 59 cumulative)

- 11/7 - * PD No School for Students - PK-12
- 11/10 - School Holiday (Schools Closed for Students), P/T Conferences
- 11/22 - 11/24 - School Holiday (Schools Closed)

December 2023

Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
School Holiday				

(16 days ~ 75 cumulative)

- 12/22 - Early Dismissal PK-12
- 12/25 - 12/29 - School Holiday (Schools Closed)

January 2024

Mon	Tue	Wed	Thu	Fri
SH	2	3	4	5
8	9	10	11	12
SH	16	17	18	19
22	23	24	25	26
29	30	31		

(21 days ~ 96 cumulative)

- 1/1 - School Holiday (Schools Closed)
- 1/15 - School Holiday (Schools Closed)
- 1/18-1/23 - ** Midterm Exams: Early Dismissal 9-12

February 2024

Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
SH	21	22	23	
26	27	28	29	

(19 days ~ 115 cumulative)

- 2/19-2/20 - School Holiday (Schools Closed)

March 2024

Mon	Tue	Wed	Thu	Fri
				1
4	5	6	PT	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	SH

(20 days ~ 135 cumulative)

- ** 3/7 - P/T Conferences: Early Dismissal PK-12
- 3/29 - School Holiday (Schools Closed)

April 2024

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
School Holiday				
15	16	17	18	19
22	23	24	25	26
29	PD			

(16 days ~ 151 cumulative)

- 4/8 - 4/12 - School Holiday (Schools Closed)
- 4/30 - * PD No School for Students - PK-12

May 2024

Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
SH	28	29	30	31

(22 days ~ 173 cumulative)

- 5/27 - School Holiday (Schools Closed)

June 2024

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	LD	13	14
17	18	19	20	21
24	25	26	27	28

(8 days ~ 181 cumulative)

- 6/6 - 6/11 - ** Final Exams: Early Dismissal 9-12
- 6/11 - ** Early Dismissal PK-12
- 6/12 - Last Day of School Early Dismissal PK-12



NOTE: Snow days will be added onto the school year as needed.

BOE Approved: December 8, 2022

Revised: June 22, 2023

± Staff Convocation is for all staff of the Waterford Public Schools

* Professional Development is for Administrators, Teachers, Paraprofessionals 8 AM-3 PM

** Full day for Paraprofessionals

2023-24 Elementary Letter Rotation Schedule

August 2023				
Mon	Tue	Wed	Thu	Fri
		30 A	31 B	

September 2023				
Mon	Tue	Wed	Thu	Fri
				1 C
	5 D	6 A	7 B	8 C
11 D	12 A	13 B	14 C	15 D
18 A	19 B	20 C	21 D	22 A
	26 B	27 C	28 D	29 A

October 2023				
Mon	Tue	Wed	Thu	Fri
2 B	3 C	4 D	5 A	6 B
	10 C	11 D	12 A	13 B
16 C	17 D	18 A	19 B	20 C
23 D	24 A	25 B	26 C	27 D
30 A	31 B			

November 2023				
Mon	Tue	Wed	Thu	Fri
		1 C	2 D	3 A
6 B		8 C	9 D	
13 A	14 B	15 C	16 D	17 A
20 B	21 C			
27 D	28 A	29 B	30 C	

December 2023				
Mon	Tue	Wed	Thu	Fri
				1 D
4 A	5 B	6 C	7 D	8 A
11 B	12 C	13 D	14 A	15 B
18 C	19 D	20 A	21 B	22 C*

January 2024				
Mon	Tue	Wed	Thu	Fri
	2 D	3 A	4 B	5 C
8 D	9 A	10 B	11 C	12 D
	16 A	17 B	18 C	19 D
22 A	23 B	24 C	25 D	26 A
29 B	30 C	31 D		

February 2024				
Mon	Tue	Wed	Thu	Fri
			1 A	2 B
5 C	6 D	7 A	8 B	9 C
12 D	13 A	14 B	15 C	16 D
		21 A	22 B	23 C
26 D	27 A	28 B	29 C	

March 2024				
Mon	Tue	Wed	Thu	Fri
				1 D
4 A	5 B	6 C	7 D*	8 A
11 B	12 C	13 D	14 A	15 B
18 C	19 D	20 A	21 B	22 C
25 D	26 A	27 B	28 C	

April 2024				
Mon	Tue	Wed	Thu	Fri
1 D	2 A	3 B	4 C	5 D
15 A	16 B	17 C	18 D	19 A
22 B	23 C	24 D	25 A	26 B
29 C				

May 2024				
Mon	Tue	Wed	Thu	Fri
		1 D	2 A	3 B
6 C	7 D	8 A	9 B	10 C
13 D	14 A	15 B	16 C	17 D
20 A	21 B	22 C	23 D	24 A
	28 B	29 C	30 D	31 A

June 2024				
Mon	Tue	Wed	Thu	Fri
3 B	4 C	5 D	6 A	7 B
10 C	11 D*	12 A*		



■ No School
* Early Dismissal